



MHA Community Action Plan

- To: Educational Institutions, Parents, Friends, Community Members, Churches, and Centers Serving People with Disabilities
- Event: My Heart's Appeal Inc., (MHA): Walk-a-Torn for the Mentally Challenged Youngster in West Africa
- For: Bigma's Care Place – Respite Care Program
- When: April – June 2012
- Where: Set Your Own Date, Time & Venue

If you have a passion to be a blessing to others and just be called blessed, we ask you to join us as we offer a unique opportunity to parents of children with disabilities in Liberia, West Africa.

MHA Bigma's Care Place allows parents who have children with special needs a day to themselves while their children – including siblings – are treated to six hours of one- to- one care and attention.

If you have a minor child in a participating setting, please grant permission for them to be part of a life changing experience for an unfortunate individual.

Your contribution, time and partnership allows individuals the chance to be a part of this unique experience. You can help anywhere you are. **Download our Third Party Fundraiser Form.**

Visit our website www.myheartsappeal.org, Community Map & Calendar, for more information on how you can help make a difference. Download our Donation Form - Individual Client Sponsorship – Bigma's Care Place, then view MHA Visual-Clients for Respite Care.

We appreciate your support!

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All contributions to My Heart's Appeal, Inc. are tax deductible.